

# OMVNA Newsletter

Published and distributed by the Old Mountain View Neighborhood Association August 2017 Volume 29, Number 2 www.omvna.org

### Ice Cream Social Appeals

#### **Raffle Donations**

Donations for the Ice Cream Social Raffle and activities can be creative and unusual.

One of our neighbors is offering a free flute lesson and another a boxing workout. Still another contributor is donating balloons.

Perhaps someone would love to win an hour of gardening time!

If you have a suitable creative service or gift, consider making a donation!

#### Volunteers

Help make our Ice Cream Social a success by volunteering to help set up, clean up, or staff one of the fun activities Lorraine and team have planned.

Many hands make light work and lots of fun.

Contact Lorraine Wormald at lorraine.omvna@gmail.com .

# Behind the Scenes at the Farmers' Market

by Susan Bickford

Old Mountain View residents have an easy Sunday commute—on foot, on bicycle, or a short car ride—to a farmers' market that is the envy of markets around California, the US, and beyond. We are truly spoiled with year-round produce and locally produced food items.

It all looks so easy: lots of booths with just the right balance of diversity and competition. To get the story behind what makes this work, I interviewed Gail Hayden, Executive Director of the California Farmers' Markets Association.

Susan: Tell us about the history of the Mountain View Farmers' Market. When was the first market and how did that evolve? When did you get involved?

Gail: CFMA started the market in June 1994 with the help of the City of Mountain View's economic development department, Barney continued on page 7

#### **Restaurant Scene**

by Max Hauser

**Shalimar Sizzle** (246 Castro), a new Indian restaurant that opened in December, closed "temporarily" but indefinitely in April.



**Sweetgreen**, an inexpensive fast-casual chain with main-course salads and other meals-in-a-bowl, opened in May at 440 Castro (part of a former larger restaurant space).



Korean-fried-chicken franchise **Bonchon**, which includes general Korean and modern-international casual food (sliders, filled buns) and is popular already in Sunnyvale, opened in July under the same owner at 260 Castro.



At press time, the new **Peet's Coffee**, 420 Castro, prepares to open.



Fans of departed eclectic vegetarian **Yam Leaf Bistro**, 699 Calderon at Church, hungrily await its pending descendant **Yami Grill** (http://www.yamigrill.com) following extensive remodeling.



216 Castro had housed a series of popular Indian restaurants with related owners (Sue's Indian Kitchen in 1990s; Godavari; latterly **Shezan**, including Pakistani cuisine). **Shezan's** owners retired, selling the business to a nephew, who with other partners is remodeling for an entirely new restaurant, **QBB** ("BBQ" backwards), a bud-like working name that blossomed to **Quality Bourbons & Barbecue**. To open circa September.



**Icicles**, offering "on-the-spot hand-rolled ice cream from scratch," is in the works for 282 Castro.

Come have fun and meet your neighbors at OMVNA's

# Ice Cream Social

New date..

### **Sunday August 20, 2017**

At Mercy-Bush Park I:00<sup>PM</sup>-3:00<sup>PM</sup>



Baskin Robbins Ice Cream • Music by our "own local Elvis" and more. Balloon twisting, children's games, giant bubbles & face painting Suggested donation: \$2.50 per ice cream cone

Raffle prizes donated by our generous local businesses!

Raffle tickets: I for \$3, 2 for \$5, 5 for \$10

#### **Artists in Residence: Marian Concus**

by Don McPhail

Old Mountain View neighbors who live near Marian Concus are fortunate, indeed, when they overhear the silvery sounds of her flute, as she practices for her next concert.

As a soloist, a member of an ensemble, or a full orchestra, Marian's performances have received high praise on both coasts. And her recordings have taken her music around the globe.

Marian holds a degree in flute performance from the New England Conservatory, and she studied in Paris under Michel Debost, who has been described as the successor to Jean-Pierre Rampal as the leading flutist of his generation. She has also done undergraduate work at University of California, Berkeley.

Currently active around the San Francisco Bay Area, Marian is a member of both the Santa Cruz and Fremont Symphony Orchestras.

She has been featured as soloist with the Valley Concert Chorale in Livermore, and the Fremont Symphony. She is also a Mass Soloist at St. Simon Parish in Los Altos, St. Christopher Parish in San Jose and Holy Name of Jesus Church in San Francisco.

Marian is originally from Berkeley, California. She has lived in Paris, Boston, Chicago, and Philadelphia as well.

Immediately before moving to Mountain View she lived in Chicago. She rented out her house in Mountain View from 2007 until 2015, during which time she lived in Philadelphia. In 2015 she left Philadelphia and moved back into her Mountain View house.

She was a prominent musician and teacher of music in the Greater Philadelphia area.

Her performances ranged from solo recitals, to Fourth of July pop concerts, and opera. She was a board member and competition adjudicator for the Flute Society of Greater Philadelphia, and her solo recordings were broadcast on WRTI Philadelphia.

As a teacher, Marian was on the faculty at both Friends Central and Torah Academy in Wynnewood, Pennsylvania.

Currently she directs the Flute Choir and coaches the symphonic band flute section at Bellarmine College Preparatory School in San lose.

She also has taught at Oshmann Jewish Community Center School for the Performing Arts in Palo Alto, and at Branham High School in San Jose.

Marian Concus is an accomplished teacher and performer, and she enjoys her life here in Old Mountain View.

With her wide range of musical interests, her active musical career, and her generous sharing of knowledge with young musicians, she is a valued member of our community.

She is also a contributor to the Ice Cream Social raffle this year. You may win a free flute lesson and have a chance to find out more about Marian in person.

Find additional information on Marian's web site at: www.mcon-cusflutist.com

Artists in Residence is a recurring column about notable artists who live or work in Old Mountain View.



#### OMVNA Steering Committee Elections

In December we will elect our 2018 Steering Committee at the annual meeting.

Serving on the Steering Committee is an excellent way to contribute to Old Mountain View.

If you are interested in serving on the Steering Committee, contact Robert Cox: robert.cox@intel.com

### UNLOCK YOUR INNER POWER

Our authentic, transformative, full-body boxing and kickboxing workouts reawaken the fighting spirit in you.

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### **Keeping Mountain View Safe:**

### Updates and Advice from the Mountain View Fire and Police Departments

by Laura Gentry



#### Safety Around the Fire

As we jump into the August camping season and MVFD is currently deployed on several wildfires throughout California, Campfire Safety seems timely and relevant.

Following are some guidelines from the National Fire Protection Agency (www.nfpa.org/)

Sitting under the stars by a crackling fire has its appeal. It's where stories are told, sing-a-longs happen, and meals are cooked over an open flame.

Campfires bring family and friends together. But campfire mishaps can cause injuries. With a few safety tips, you can prevent these accidents.

- Before setting up a campfire, be sure it is permitted. Check with your local fire department.
- If campfires are permitted, they need to be at least 25 feet away from any structure and anything that can burn.
- Clear away dry leaves and sticks, overhanging low branches and shrubs.

# Keep in Touch with Mountain View's Finest

Want to get the latest on the Mountain View Police Department?

Read about it on Twitter @MountainViewPD, at http://mountainviewpoliceblog.com, or on Facebook at www.facebook.com/mountainviewpolicedepartment

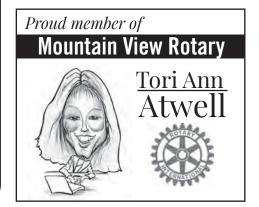
Just want critical alerts and advisories? Sign-up for Nixle via your smartphone by texting your Mountain View zip code to 888777.

- Avoid burning on windy, dry days. It is easier for open burning to spread out of control when it is windy and dry.
- Watch children while the fire is burning. Never let children or pets play or stand too close to the fire.
- Attend to the campfire at all times. A campfire left alone for only a few minutes can grow into a damaging fire.
- Keep a campfire small which is easier to control.
- Never use gasoline or other flammable or combustible liquids.
- Always have a hose, bucket of water, or shovel and dirt or sand nearby to put out the fire. Make sure to put it completely out before leaving the site.
- If your clothes catch fire, stop, drop, and roll. Stop, drop to the ground and cover your face with your hands. Roll over and over or back and forth until the fire is out.
- Treat a burn right away. Cool the burn with cool water for 3 to 5 minutes. Cover with a clean, dry cloth. Get medical help if needed





Proud Supporter of OMNVA Ice Cream Social



by Jodie Pierce



### **Summer Safety**

As the end of summer quickly approaches and we finish off our vacations and trips with the family, we still have to remember to be diligent about our home security.

Although you might not be gone from your home for too long, even a slightly open window can invite potential criminals to try to enter your home.

Be sure to lock your doors and windows when you leave your house. Because it's still warm, you can always place a dowel or rod in the track of the window to keep it from opening too far yet still allowing for air to circulate through.

Be sure there is lighting around your property especially in the front of your home; sensor lights are perfect above the garage doors.

If you know you will be gone, for the day or longer and are expecting packages to be delivered, ask a friend or neighbor to pick up your deliveries as to not invite them to be stolen.

And as always, if you see something suspicious in the neighborhood, please call the Mountain View Police Department. You can always call the non-emergency number at 650-903-6395 or dial 9-1-1.

Join us for Coffee with a Cop on August 12 from 9-11am at Starbucks on Charleston (near REI) and follow MVPD on Facebook to see the other locations we will be visiting throughout the rest of the year.







# Ties to Jewish History Imperiled

by Nick Perry

In light of the recent proposal by the Minkoff Group to demolish the historic structures at 938 Villa Street and 954 Villa Street, the Mountain View Historical Association (MVHA) would like to provide the community with historical information on both buildings to inform upcoming discussions on their future.

954 Villa Street—currently the Tied House—was built in 1931 as the home of "Air Base Laundry."

938 Villa Street—currently Chez TJ—was built c. 1900 as the home of Julius and Fannie Weilheimer. Julius was the son of Seligman and Sophie Weilheimer, German-Jewish immigrants who helped establish Mountain View in the 1850s.

The Weilheimers built the c. 1870 structure still standing at 124 Castro Street as the second branch of their general store. Julius became one of Mountain View's earliest leaders and served as the city's third mayor.

938 Villa was also the home of Mountain View's first city attorney, Arthur Free, who went on to serve in Congress from 1921 to 1933.

Detailed accounts of both buildings' history will be featured in the upcoming edition of the MVHA's quarterly newsletter.

The MVHA will also discuss the history and future of the structures at its next general membership meeting and annual BBQ in August. Both the MVHA newsletter and detailed information on the August meeting will be shared later this month on the MVHA's facebook page: www.facebook.com/MVHistory.





### **Winter Shelter Proposal**

by David Atkins

Trinity United Methodist Church is proposing to be the site for a pilot winter shelter program that would provide 50 emergency shelter beds for unsheltered families and single women.

The shelter period would be from November 27, 2017 to March 31, 2018. The target population would include unsheltered homeless persons coming from Mountain View and other North County cities.

Persons would be identified through outreach activities conducted by Community Services Agency of Mountain View, North County government agencies, and community-based organizations. The shelter would be managed by HomeFirst Services of Santa Clara County.

All participants would be referred by designated agencies, and all the beds will be reserved. Other services that are planned for the program include: case management services, dinner and breakfast meals, tutoring for the children, along with restrooms, shower and laundry facilities.

Agencies that would be collaborating with Trinity are: Community Services Agency, HomeFirst, Hope's Corner, Downtown Streets Team, the County Office of Education, and the County Office of Supportive Housing.

Also, the involvement of volunteers from the local community and businesses would be an integral part of the program design.

In summary, the goal of this program would be to meet the basic needs of homeless families and

continued on page 6



### Flute Lessons

in Old Mountain View with Marian Concus. Instructor is: conservatory trained, member of two professional symphony orchestras, Flute Coach at Bellarmine Preparatory School.

mconcus@mac.com • www.mconcusflutist.com

# Upcoming Mountain View Library Events

Join us for Lawyers in the Library, a program where volunteer attorneys are available for free, one-on-one advice sessions. The attorneys can advise on cases in civil, family law, consumer law, landlord/tenant, probate, employment, and more. No evictions or criminal cases, please. Reservations required.

Saturday, August 5th, 1:00-2:30PM, Drones: An Introduction to a Modern Phenomenon. Aerial drones on display at the Library! Learn about different types of drones, how they are used, and the controversies surrounding them.

Wednesday, August 9th, 7:00-8:00PM "No Words": Highlights of Recent Space Mission Discoveries. Join Chabot Space & Science staff member Ben Burress, as he covers some recent, awe-inspiring space discoveries.

We'll be doing our 2nd Annual SciFi September this year-- keep your eyes on the calendar for updates!

As always, we are continuing our popular programs:

- Sew Sew at the Library
- Personal Technology Tutors
- Language Swap
- Healthy Happens Here with the YMCA
- Knit & Crochet Club
- ESL Conversation Club
- Sing and Play Along Ukulele

#### 

### OMVNA Steering Committee

Chair: David Lewis
Vice-Chair: Robert Cox
Treasurer: Larry Rush
Secretary: Max Hauser
At-Large: Larry Rosenberg
At-Large: Lorraine Wormald
Newsletter: Susan Bickford

Community

**Liaison:** Jamil Shaikh

**Subcommittee Chairs** 

CERT: Aaron Grossman

Historical

Preservation: Jerry Steach
Residential Parking: Robert Cox
Advertising: Kristin Bailey
Next Meeting: October 30, 2017

#### **CHAC - A Partner in Community Health**



by Susan Bickford

Zipping by in traffic, it's easy to overlook the building at 590 W. El Camino, the home of the Community Health Awareness Council (CHAC), but for over forty-four years, this Old Mountain Viewbased institution has been working non-stop to provide counseling, therapy, support groups, classes, and psycho-educational programs to local children, adults, and families.

Even if you haven't taken advantage of one of CHAC's programs directly, we have all benefited from their efforts focused on community health.

Although CHAC is focused on mental health and providing a safety net for everyone, many of their programs are targeted toward youth—and the school year will be starting shortly.

I met with Marsha Deslauriers, new Executive Director of CHAC. to talk about the organization.

Susan: Many people may not be aware of CHAC's long commitment to people in this area. How

Opinions expressed herein are not official positions of the OMVNA Steering Committee or its members unless otherwise stated.

Contact the newsletter team at: editorOMVNA@yahoo.com

Submissions for our November issue are due by October 17, 2017.

To sian up for neiahborhood alerts by OMVNAtalk email:

- Send a blank message (no subject or content needed) from your preferred email address to omvnatalksubscribe@yahoogroups.com
- You will get back an automated message from yahoogroups
- Select option 2 ("Reply, Send") to confirm your request.

For more information about the OMVNAtalk list, please see http:// www.omvna.org/omvnatalk.html

For newsletter delivery problems or to volunteer to help, send email to lorraine.omvna@gmail.com

#### did CHAC get started?

Marsha: CHAC began as a grass-roots movement in 1973, led by parents and cities concerned about the growing problem of adolescent substance abuse in Mountain View, Los Altos, and Los Altos Hills. Together these cities and their school districts formed CHAC and our strong partnership continues today. We continue to help create healthy lives by providing alternatives to self-destructive behaviors.

#### Susan: How is CHAC funded?

Marsha: CHAC receives funding from the school districts, city governments, family and hospital foundations, civic organizations such as the Rotary and Kiwanis clubs, churches and our individual donors! We are a non-profit, so fund raising is ongoing.

Susan: What are the types of programs you offer today?

Marsha: CHAC provides services to 34 schools with over 3,000 students receiving counseling and over 1,200 students in group programs.

We also have an in-house clinic, parenting classes, and programs for our Latina/o/x community, families struggling with substance abuse, and early juvenile offenders. CHAC programs address a range of emotional and social issues including, bullying, substance abuse, physical and psychological abuse, depression, anxiety, self-esteem issues, academic pressure and many others.

We have over 80 CHAC thera-

# Leadership Mountain

Leadership Mountain View is a program that helps develop great community leaders. If you contemplate becoming more involved in the community, consider taking this one-Friday-a-month course.

The course begins in September and the official date for applications has passed but Bruce Humphrey, Program Director, points out that vacancies do open up.

Visit Imv.education or contact Julie Conde at 968-8378 / julie@ mvcocef.org

pists representing a broad range of support.

Susan: What is the best way to get in touch with you / your

Marsha: Visit us at www. chacmv.org, stop in to our office El Camino at View St, send email to info@ chacmv.org or call us at 650-965-2020. I look forward to meeting our neighbors!

Susan: Any closing messages for our readers?

Marsha: My closing message would be that none of us-adults. parents, students, couples—should be afraid to ask for help. Asking for help and getting support for any life challenge is a positive and courageous step, not something to be hidden or ashamed of. As a health provider, any communication with CHAC is kept confidential and is strictly protected.

I also want to add that we love being part of Mountain View, a vibrant and diverse community that values "neighborliness". A few of our Board members live in OMV. I know sometimes having so many cars at CHAC for an event can be frustrating for our immediate neighbors; we very much appreciate their patience.

Since joining CHAC I have met so many people who have said to me. "CHAC truly saved the life of my friend, daughter, wife, neighbor, son, classmate, etc." We are a safety net for individuals and healthier individuals and families translate to a healthier community for all of us.





#### **Triple Take Event**

Writers' Panel: MV Public Library October 4, 6:30PM 3 writers, 3 genres, 3 different writing experiences

Mark your calendars for an interactive panel featuring three local writers: science fiction from Robyn Bennis, author of *The Guns Above*; mystery from Susan Bickford, author of *A Short Time To Die*; historic fiction from Donald McPhail, author of *The Millionaires Cruise*.

They will discuss writing in their genre, and answer questions.

No RSVP required.



### Bi-Annual Council Neighborhoods Meeting

Thursday, September 21, 2017, 7PM Landels School

Once every two years, Council Neighborhoods holds a meeting for the Central District of Mountain View, including the Old Mountain View and Shoreline West Neighborhoods Associations.

This year the meeting will be held Thursday, September 21, 2017, 7PM at Landels Elementary School, 115 West Dana Street.

This is an opportunity to meet the three council members on the committee: Chair Lisa Matichak, John McAlister, and Margaret Abe-Koga and key city staff members, get an overview of neighborhood development, and participate in a Q & A with council and city staff.

## CBA Fifth Annual Wine Walk

The Mountain View Central Business Association's (CBA) Fifth Annual Wine Walk is taking place on Thursday, August 10 from 5:30pm to 9:00pm.

Patrons will explore our wonderful downtown while sampling wine and tasty bites from many of our diverse restaurants. Tickets are \$35 in advance and \$40 at the door (while supplies last).

For more information go to: http://mountainviewdowntown.com/wine-walk/



#### Ask Mountain View: A Key Resource

Using Ask Mountain View on the City's website is a very effective way to get a response to any inquiry or request.

Click on the words "Ask MV" on the bottom or top of the home page: mountainview.gov .

If you can't find the appropriate topic, someone at City Hall will forward your message to the right person.

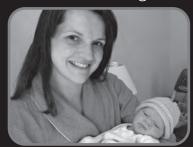
If you are not already signed up with Ask Mountain View, you will be asked to provide contact information for a response, or click on Remain Anonymous. If you are already registered, remember to log in first.



# Holistic Midwifery Ronnie Falcao, LM MS CPM Prenatal & VBAC support, cesarean preventi

Prenatal & VBAC support, cesarean prevention In-home postpartum care and lactation consulting

Vincent Drive in OMV (650) 961-9728 ronnie@gentlebirth.org Gentlebirth.org/ronnie



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## Prevent Mail Theft: Use Post Boxes

In these days of rising identity theft and other privacy concerns, the safest way to protect your mail is to deposit outgoing letters in a collection box, rather than leaving them for the delivery person.

Each post box has a posted pickup time. However, that is the earliest time the mail is collected. It is often emptied more than an hour later.

In Old Mountain View, we have six post boxes, not counting the one in the lobby of the Post Office, as well as in nearby neighborhoods:

- 825 High School Way (Castro)
- 802 Church (Castro)
- 490 Castro (Mercy)
- 298 Castro (Dana)
- 235 Hope (Post Office)
- 691 Calderon (Church)



#### Block Party Grant Update

To close off a street for a block party, you must obtain a permit and allow 30 days for it to be processed.

Please get your block party permit from the City before applying for your \$50 OMVNA grant.

A permit application is available on this City website page (scroll down to the "Block Party Permits" section): http://www.mountainview.gov/depts/police/info/permits.asp

#### Winter Shelter

continued from page 4 single women on a nightly basis during the cold weather season, thereby helping to save their lives, and ultimately to help them find permanent housing.

Trinity will have to submit an application for a Provisional Use Permit, which would be considered in a public hearing (at a date/time to be announced) by the City's Zoning Administrator.

If you would like more information on this proposed winter shelter project, the project's contacts are Bob Dolci (408-910-0759) and the office of Supervisor Joe Simitian (408-299-5050).

Burke.

Susan: Explain to us how the California Farmers' Markets Association works. How did that come into being?

**Gail:** CFMA Is a non profit Association of certified farmers markets serving the SF Bay.

Go to our web site for more information http://www.cafarmersmkts.com/ .

Susan: What is the process for vendors if they want to be part of the market? Is it different for fresh produce vs prepared food?

Gail: The Mountain View Farmers' Market is a certified farmers market. That means that first the farms (certified producers) participating in the Market are certified by their county of production Agricultural Commissioner that what they are selling is what they have grown.

Next, each producer sends in an application to CFMA requesting a reservation for the stall for the time during their crop production. For example the apricot growers reserve the stall for the first three weeks of June when their crop is ready.

Stall reservations are based on seven admission criteria including seniority, crop, growing region, etc.

### Susan: What about the prepared foods?

Gail: The non-agricultural stalls are also part of the reservation process. The products are juried by our selection committee, and each additional product is juried as well. The only prepared foods in the market are 1) garden to grill—the BORBA Farm, cooking what they have grown. 2) ceviche and shrimp quesadillas from our fish booth 3) the market café—an oasis with drinks lemonade and local roast coffee.

### Susan: How do you maintain a balance of choices for visitors?

**Gail:** This is the secret sauce and artistry of market management. However, in large part, the product array and variety are based on the demand from the community.

Susan: What are the challenges and logistics around pulling all this together?

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Gail: The market houses over 150 local family farms over each year. Some farms are in for only 2 to 3 weeks while some farms are in the market year around, rain or shine. This is so the community can depend on the farmers bringing their food every Sunday.

Having access to fresh produce picked the day before adds to the quality of life and it's such a treat for the community.

There are so many obstacles facing family farms. Every week is different. For example, this year there were flooded fields, tractors that were stuck in the mud, and that destroyed crops as they were just about to be harvested, as well as heat that destroyed crops, trees that died from the drought the year before...

The Mountain View community appreciates the family farms that grow their food!

When one farm can't make it, the waiting list is used to offer the stall to the next farm in line to make sure that there is always a good variety offered.

Susan: What would you like visitors and Old Mountain View residents to know that they might not be aware of today?

Gail: The participating family farms—many since 1994—appreciate the community support for the market rain or shine. One farmer said to me last week, "On Sundays when I go to the Mountain View farmers market, it feels like I am coming home. It feels like family."

What higher honor can there be than that?

Contact us at: cafarmersmkts@gmail.com, follow us on Facebook, and visit us at http://www.cafarmersmkts.com/.



### Support the Friends of Stevens Creek Trail!



Walk, Run, or Volunteer on Sept 24

10K & 5K Racers, 3 mile Trail Walkers, & Volunteers get official race t-shirt. Free kids races, games, & face painting!

Race day reg 7:30am. Events start 8:30am. 1065 La Avenida, Mountain View Microsoft Campus Free bicycle parking corral

Online Reg & mail-in forms at www.stevenscreektrail.org





#### Help Keep Sidewalks Walkable and Safe

Walking is one of the best exercises for your health, and one of the highlights of living in Old Mountain View is that it is a walkable neighborhood. Parks, restaurants, and shops are all within strolling distance for most of us.

Please do your part by keeping our sidewalks free of plants, cars, and impediments. Parents with strollers, little children, runners, and walkers will thank you.

- Summer gardens are beautiful and soften the landscape but please trim your greenery to clear the full width of the sidewalk and no more than seven feet high.
- Electric cars are good for the environment, but electric cords that stretch across the sidewalk to charge cars at the curb are hazards.
- While it is true that some houses have garages that are set very close to the sidewalk, it is still important that cars parked in driveways should not overhang the sidewalk.

